

## Race, Diversity & Inclusion Related Resources

*The below resources are all linked, please click and it will take you to the resource.*

### Anti-Racism Training

Centre For Race And Culture: Anti Racism Workshop Series

Centres for Learning, Research & Innovation: Anti Racism in Canada

### Indigenous Cultural Training

Centres for Learning, Research & Innovation: Ontario Indigenous Cultural Safety (ICS) Training

OFIFC: Indigenous Cultural Competency Training (ICCT)

### Resiliency

The Psychology Foundation of Canada: Tools for Resiliency

Ontario: Building Resilience

The Varsity: The ABCs of Mental Resilience

### Mental Health Training

Badge of Life Canada: Mental Health Training

Mental Health Commission of Canada

### Ontario Human Rights Commission

Policy and Guidelines on Racism and Racial Discrimination

Workplace Policies, Practices and Decision-Making Processes and Systemic Discrimination

Call it Out: Racism, Racial Discrimination and Human Rights

### Additional Resources Supporting Diversity & Inclusion in the Workplace

Canadian Institute of Diversity and Inclusion – Toolkits and Resources

Canadian Institute of Diversity and Inclusion – Research Reports

Deloitte- The Diversity and Inclusion Revolution

CIPD- Building Inclusive Workplaces

HR Exchange Network- Embracing Diversity and Inclusion

Canadian Gender and Good Governance Alliance

Statistics Canada- Gender Diversity and Inclusion Statistics

Harvard Business Review: Discomfort, Anxiety and Grief: Confronting Racism with Colleagues